

Asmall Nursery And Out of School Care

Intimate Care

In intimate care situations, the child's safety, dignity and privacy are of paramount importance. Children requiring intimate care will be treated respectfully at all times.

'Intimate care' covers any task that involves the washing, touching or carrying out a procedure to intimate personal areas and is associated with bodily functions and personal hygiene, including, toileting, washing, dressing, and menstrual care.

Nursery and Out of School staff who provide intimate care will do so in a professional manner. Staff are aware of safeguarding issues and will have relevant training (eg: health and safety, child protection, manual handling) before providing intimate care. No child should suffer distress or pain as a result of receiving intimate care.

Nursery children will be changed by their key person and will be shown care and attention making sure the child feels secure and at ease. All routines for hygiene and safety will be observed. Sometimes other members of staff may need to change the children, if their key person is unavailable.

Staff working with Out of school care children will work in partnership with parents or carers to provide care appropriate to the needs of the individual child and together will produce a care plan. The care plan will set out:

- **What care is required**
- **Number of staff needed to carry out the task(if more than one person is required, reasons will be documented)**
- **Additional equipment required**
- **Child's preferred means of communication (eg verbal, visual)**
- **Child's level of ability – what tasks they are able to carry out by themselves**

Best practice (Out of School care)

When intimate care is given, the member of staff will explain fully each task that is carried out, and the reasons for it. Staff will encourage children to do as much for themselves as they can.

In order to prevent over-familiar relationships from developing we aim to use a rota of different staff, all of whom are known to the child, to provide the care.

Protecting children

Staff are familiar with the Local Safeguarding Children Board booklet *Recognising The Signs Of Child Abuse* and with the DFES booklet *What To Do If You Think A Child Is Being Abused*, and will follow the guidance it contains.

If a member of staff is concerned about any physical changes to a child, such as marks, bruises, soreness etc, they will inform the manager or designated CPO (child protection officer) immediately. The Safeguarding Children policy will then be implemented.

Should a child become unhappy about being cared for by a particular member of staff, the manager will look into the situation and record any findings. These will be discussed with the child's parents or carers in order to resolve the problem. If necessary the Manager will seek advice from outside agencies.

If a child makes an allegation against a member of staff, the procedure set out in the Safeguarding Children policy will be followed.

Dealing with blood and body fluids

Blood, vomit, urine and faeces will be cleaned up immediately and disposed of safely by bagging the waste and placing it in the sanitary bin which is taken off site. When they are dealing with body fluids, staff will wear personal protective clothing (disposable plastic gloves and aprons) and will wash themselves thoroughly afterwards. Soiled children's clothing will be bagged to go home – staff will not rinse it. Children will be kept away from the affected area until the incident has been dealt with fully.

Staff at provision will maintain high standards of personal hygiene, and will take all practicable steps to prevent and control the spread of infection.