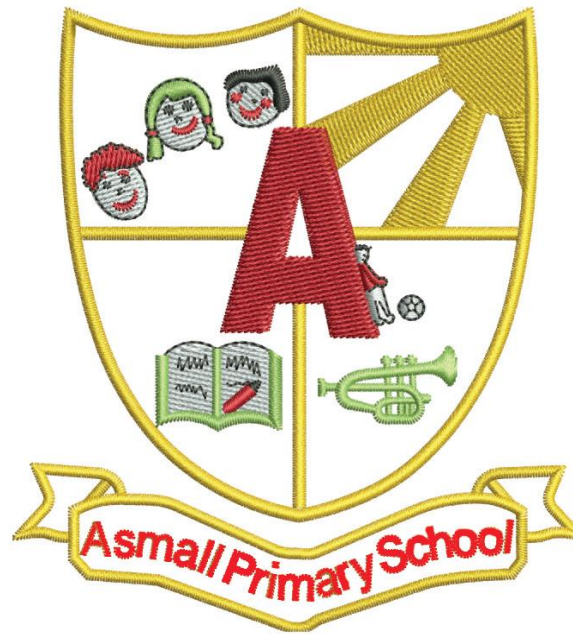




PSHE Knowledge Organiser

Sex & Relationships Education

All Year Groups

Sex and Relationship Education

Asmall children, in every year group, will be taught SRE as a unit at the end of each year (Summer term). What the children are taught in Sex Relationship Education in PSHE is reflective of our context, our community and life in Britain. Throughout the school, we will teach and use the correct terminology. When using this terminology, they will be referred to as 'doctor words.'

The coverage is organised into year groups to take into account the suitability of what is covered. When it is taught, 'ground rules' are established as well as the matter of confidentiality and keeping safe. It is done in a safe environment with the teacher leading the discussion. There are opportunities to ask 'private questions' using a question box, which the teacher may or may not choose to answer within the class. In Y5/6 the 'body changes' lesson may be taught separately to boys and girls this is suitable for our context. Safeguarding of our children and adults is a priority at all times at Asmall.

Knowledge Organiser	SRE
PSHE	Reception
Me, myself others Growing from young to old Correct terminology Birth of animals New baby in the family	• To know about the NSPCC ‘Privates are Privates’ and ‘Talk PANTS’ personal safety and underwear rules. • identify likes/dislikes • talk about themselves • feel good about themselves • understanding the concept of growing from young to old • name the correct words for the external parts of the body (see Appendix A) • know and understand life processes of humans and other animals • know and understand life talk about new babies in families • understand that a baby takes nine months to develop • realise that babies need a lot of care • understand their place in a family

Knowledge Organiser	SRE
PSHE	Year 1
Me, myself others Growing from young to old Correct terminology Birth of animals New baby in the family Family situations - birth of a new family member Different family situations - living with one parent	• To know about the NSPCC ‘Privates are Privates’ and ‘Talk PANTS’ personal safety and underwear rules. • identify likes/dislikes • talk about themselves • feel good about themselves • understanding the concept of growing from young to old • name the correct words for the external parts of the body (see Appendix A) • know and understand life processes of humans and other animals • know and understand life talk about new babies in families • understand that a baby takes nine months to develop • realise that babies need a lot of care • understand their place in a family • use listening skills • begin to understand time span • think about the impact of anew sibling and the change in family life • be aware of different culture • understand that not all families are the same

Hygiene Playing safe - safe/unsafe - basic rules Families - people who help us Friends - choosing - falling out - making new Co-operating and team building Respect	• maintain personal hygiene e.g. washing, cleaning teeth, toilet routines. • know correct procedures for washing hands and demonstrate use. • understand germs can be transferred. • think about personal responsibility. • identify hazards and dangers in and out of class • recognise and value people and organisations working to keep children safe • understand why families are special for caring and sharing • value the way in which their family is special • show respect by listening to what others say • make friends, talk to them and share feelings • consider the value of being a friend • co-operate with others in work and play, share and take turns • respect others needs, feelings and opinions
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Knowledge Organiser	SRE
PSHE	Year 2
Me, myself others Growing from young to old Correct Terminology Birth of Animals New Baby in the Family Family Situations Different Family Situations Hygiene	• To know about the NSPCC ‘Privates are Privates’ and ‘Talk PANTS’ personal safety and underwear rules. • identify likes/dislikes • talk about themselves • feel good about themselves • understanding the concept of growing from young to old • name the correct words for the external parts of the body (see Appendix A) • know and understand life processes of humans and other animals • know and understand life, talk about new babies in families • understand that a baby takes nine months to develop • realise that babies need a lot of care • understand their place in a family • use listening skills • begin to understand time span • birth of a new family member • think about the impact of a new sibling and the change in family life • be aware of different culture • understand that not all families are the same • living with one parent • maintain personal hygiene e.g. washing, cleaning teeth, toilet routines. • know correct procedures for washing hands and demonstrate use. • understand germs can be transferred. • think about personal responsibility. • show awareness of the need to use universal practices

Playing Safe Cooperating and Team Building Respect	• use simple rules for dealing with people and situations • tell someone the basic rules for keeping themselves safe. • identify hazards and dangers in and out of class • recognise and value people and organisations working to keep children safe • understand why families are special for caring and sharing • value the way in which their family is special • show respect by listening to what others say • people who help us • choosing, falling out and making new friends • make friends, talk to them and share feelings • consider the value of being a friend • co-operate with others in work and play, share and take turns • respect others' needs, feelings and opinions
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Knowledge Organiser	SRE
PSHE	Year 3
My Changing Body	• To know about the NSPCC 'Privates are Privates' and 'Talk PANTS' personal safety and underwear rules. • understand that their bodies will change • use the language to describe changes and feelings • discuss why being different can provoke teasing and know why this is unacceptable • feel good about their bodies
My changing feelings and emotions	• recognise their changing emotions • add to their feelings vocabulary • understand that privacy is a natural requirement
Types of Relationships	• understand and accept a wide range of different family arrangements
Hygiene	• identify safer routes to stop the spread of viruses
Self Respect	• be self-confident in a wide range of new situations • recognise their own worth and identify positive things about themselves • value their own body and be accepting of it • understand about and accept a wide range of different family arrangements

Families	• consider the diversity of values and customs in the school and in the community • know and understand the many relationships in which they are involved • know and understand about the different forms of bullying • consider the feelings of both bullies and victims • know why being different can provoke bullying and know why this behaviour is unacceptable • consider the need for trust and love in established relationships • understand the concept of morality
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Knowledge Organiser	SRE
PSHE	Year 4
My Changing Body	• To know about the NSPCC 'Privates are Privates' and 'Talk PANTS' personal safety and underwear rules. • understand that their bodies will change • understand and cope with the physical changes that take place at puberty • use the language to describe changes and feelings • discuss why being different can provoke teasing and know why this is unacceptable • discuss appropriate hygiene products and demonstrate their use • feel good about their bodies
My changing feelings and emotions	• recognise their changing emotions • add to their feelings vocabulary • understand that privacy is a natural requirement
Birth of a baby	• understand how a baby develops and is born • explore attitudes towards the father's role in birth • explore the role of the midwife and other support given to the mother during birth • recognise the love shown for a baby by both parents
Types of relationships	
Hygiene	• understand and accept a wide range of different family arrangements
Self respect	• identify safer routes to stop the spread of viruses
	• be self confident in a wide range of new situations • recognise their own worth and identify positive things about themselves

Families	• value their own body and be accepting of it
Belonging to a community	• understand about and accept a wide range of different family arrangements
Belonging to a family	• consider the diversity of values and customs in the school and in the community
Respect for others and challenging stereotypes e.g. homophobic name calling	• know and understand the many relationships in which they are involved • know and understand about the different forms of bullying • consider the feelings of both bullies and victims • know why being different can provoke bullying and know why this behaviour is unacceptable • consider the need for trust and love in established relationships
Morality	• understand the concept of morality • consider influences on personal morality • begin to understand that individuals form their own moral code

Knowledge Organiser	SRE
PSHE	Year 5
Building self esteem How emotions change during puberty Giving birth and parenting Seeking advice and help Other issues Ambition and personal goals Independence	• To know about the NSPCC ‘Privates are Privates’ and ‘Talk PANTS’ personal safety and underwear rules. • show self confidence in a wide range of new situations • recognise their own worth and identify positive things about themselves and others • feel good about themselves • identify the changes at puberty, including/introducing periods • use correct terminology • talk about ways of coping with the changes • recognise their changing emotions • understand the role of hormones in mood swings • recognise that others have the same/different feelings to themselves and that is all part of growing up • understand that their actions have consequences • anticipate results and adjust behaviour accordingly • identify places where they can find help • ask questions • discuss ethical/moral issues in more depth • clarify misunderstandings • recognise their own dignity and worth • identify positive things about themselves • form opinions and articulate them. • understand personal safety issues • consider the diversity of lifestyles

Changing family situations

Media influence

- body image

The Media

- TV
- teenage magazines
- internet

Grooming

What is love?

- think about changing partners, step parents, same sex partners
- recognise when choices are affected by the media and other influences
- debate morale issues
- think about and discuss the suitability of late night TV, internet sites and magazines
- understand the term grooming and its associated risks
- use protective behaviours approach to keep safe from grooming?
- consider the need for trust and love in established relationships

Knowledge Organiser	SRE
PSHE	Year 6
Building self esteem	• show self confidence in a wide range of new situations • recognise their own worth and identify positive things about themselves and others • feel good about themselves • identify the changes at puberty, including/introducing periods • use correct terminology • understand why these changes occur • talk about ways of coping with the changes • understand the differences between the changes for boys and girls • identify issues common to both sexes and talk about them
How emotions change during puberty	• recognise their changing emotions • understand the role of hormones in mood swings • recognise that others have the same/different feelings to themselves and that is all part of growing up • consider how they feel about their growing, developing body
Sexual intercourse	• identify the main stages of reproduction and the human life cycle
Giving birth and parenting	• understand that their actions have consequences • anticipate results and adjust behaviour accordingly • realise the responsibility of looking after a baby
Seeking advice and help	• identify places where they can find help
Keeping safe	• understand how to keep safe • identify hazards • draw up a list of safety tips • know safety rules, basic first aid and where to get help

Other issues	• ask questions • discuss ethical/moral issues in more depth • clarify misunderstandings
Ambition and personal goals	• recognise their own dignity and worth • identify positive things about themselves • form opinions and articulate them. • understand how early pregnancy may impact upon their life ambitions
Independence	• understand personal safety issues
Changing family situations	• consider the diversity of lifestyles • understand how changes in the law affect family life • think about step parents, same sex partners
Media influence – body image	• recognise when choices are affected by the media and other influences • understand how advertising influences supply and demand
The Media – TV – teenage magazines – internet	• debate morale issues • think about and discuss the suitability of late night TV, internet sites and magazines
Grooming	• understand the term grooming and its associated risks • teach children methods to keep safe from grooming

What is love?	• consider the need for trust and love in established relationships
Responsible behaviour	• identify suitable places to meet people • consider safety issues when going out and meeting people • understand requirements of acceptable social behaviour

Appendix A:

SRE Vocabulary

Reception and KS1:

Penis
Vagina
Breasts
Anus

KS2 (as above and):

Scrotum
Testicles
Puberty
Body Hair