



PSHE/RSE CURRICULUM MAP



EYFS	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Read-to-Me Storybooks	Blue's Indoor Voice; Blue Explores Road Safety; Blue's Best Friend; Blue Learns to Share; Blue Gets Lost; Green Stays In Hospital; Green Gets Glasses; Green's Greens; Green in Moving Up A Year; Green's Daddy Moves Out; Orange Feels Worried: Orange Moves House; Orange Sleeps Over; Orange Helps Out; Orange Brushes Her Teeth; Purple's Pet Bird; Purple is Poorly; Purple Watches The News; Purple the Passenger; Why Does Purple Play Differently?; Yellow Play Fights; Yellow Learns About Germs; Yellow's Bedtime; Yellow Wants to Play With Orange; Yellow Goes On Holiday; Rainbow Feels Angry; Rainbow's Food Journey; Rainbow Visits the Seaside; Rainbow Helps at Home; Rainbow's Day Out; Pink's Screen Time; Pink Goes To School; Pink Misses Mummy; Pink Has a New Brother; Pink Feels Sad; Red Visits The Dentist; Red's Hearing Aid; Red Needs the Toilet; Red's Nut Allergy; Red Goes Swimming;					
Animated Storybooks						
Dilema Drops	Blue at The Shopping Centre; Blue Bakes Cakes; Blue Feels Sad; Blue Has Forgotten Her Lunch; Blue Feels Jealous; Blue Plays Tennis; Blue's Sleepover; Blue Wants To Play A Game; Green's Brothers Game; Green is Lining UP; Green's Daddy; Green's Dance Class; Green's Glasses; Green's PE Kit; Green's Playtime; Green's Understanding; Pink and Pocket Money; Pink at the Park; Pink Feels Worried; Pink Gets Changed; Pink's Computer Game; Pink's New Classmate; Pink's Pet Fish; Pink's Travel Sickness; Pink feels Worried; Pink Gets Changed; Purple Fells Poorly; Purple's Best Friend; Purple Feels Left Out; Purple's Hand Wash; Purple is Upset; Purple's Pictures; Purple's School book; Purple's Sports Day; Red is Upset; Red Needs to Cross The Road; Red Plays Ball; Red Has Hurt His Ankle; Red And His Wellies; Red Has A wobbly Tooth; Red's Spelling Test; Red's Playtime; Yellow Wants To Help Green; Yellow's Working In Pairs; Yellow Returns to School; It Is Yellow's Birthday; Yellow's New Sister; Yellow Will Not Share; Yellow Gets Cross; Yellow's Dad Has A New Girlfriend; Rainbow is Moving House; Rainbow Loves To Dance; Rainbow Is Going To The Zoo; Rainbow Wants To Play 🍪 Changing behaviour (e.g. walking to school instead of driving on certain days)					
Sorting Cards	Blue Explores Road Safety; Blue Learns to Share; Blue's Best Friend; Rainbow's Food Journey; Green Gets Glasses; Green's Greens; Yellow's Bedtime; Red's Hearing Aid					
Talking Cards	Yellow Learns About Germs; Red Visits the Dentist; Rainbow Visits The Seaside; Pink Misses Mummy; Pink's Screen Time; Pink Goes To School; Purple Is Poorly; Why Does Purple Play Differently?					
Mindfulness and Mini Yoga Videos	Managing Anger; Managing Worry; Being Kind; Getting To Know Your Body; Magic Cloud; Flower Breath; Enchanted Forest; Butterfly Meadow; Meadow Journey; Ocean Journey; Forest Journey; Cloud Journey					
Flash Cards	A-G; H-N; O-U; V-Z					
Extra Activities	Parent/Carer Pack; Activity Worksheets inc. Counting Fruits, My School Day, My Family, I Can Draw Myself etc.; Rainbow Drop Timers					
Posters	Displayed in classroom					



Home/School Link EYFS Parents/carers continue classroom learning at home

Keeping/Staying Safe - KSS	Keeping/Staying Healthy - KSH	Relationships - REL	Growing and Changing - GAC
Being Repsonsible - BR	Feelings and Emotions - FAE	Computer Safety - CS	Our World - OW
The Working World - WW	Hazard Watch - HW	A World Without Judgement - AWWJ	Fire Safety - FS

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Baseline Assessment	Baseline Assessment	Baseline Assessment	Baseline Assessment	Baseline Assessment	Baseline Assessment
	Road Safety Road Safety looks at how we can stay safe when crossing the road and travelling in a vehicle.	Friendship Friendship looks at how we behave within our friendships and how these behaviours can affect others.	Online Bullying Online Bullying looks at being kind and thoughtful online and in real life and allows students to explore what they can do if they feel bullied online. INTERNET SAFETY WEEK	Is It Safe To Eat or Drink? This topic allows students to identify what items may be safe or unsafe to eat or drink.	Growing In Our World Growing in Our World explores the human cycle and how our families are special and unique.	Hoax Calling Hoax Calling looks at the risks of making a hoax call to the emergency services and how our actions can affect others. WOW MOMENT- Police visitor
	Baseline Assessment	Baseline Assessment	Baseline Assessment	Baseline Assessment	Baseline Assessment	Baseline Assessment
	Zones of Regulation (Specific for Asmall)	Jealously Jealousy looks at recognising strengths of our own and of those around us and how to deal with feelings of jealousy.	 Making a poster (e.g. making a poster about Risks of Hoax Calling)	Water Spillage Water Spillage looks at the different ways we can cause accidents and how we can prevent accidents from happening.	Washing Hands Washing Hands looks at why we should wash our hands and the potential consequences of not washing our hands.	 Volunteering (e.g. planting trees or picking litter)
Year 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Tying Shoelaces Tying Shoelaces looks at how we can prevent accidents that are often caused when rushing around.	Body Language Body Language looks at recognising how other people may be feeling and allows students to explore different ways we can express our emotions.	Anger Anger looks at the differences between healthy and unhealthy anger and enables students to identify ways they can manage their anger.	Brushing Teeth Brushing Teeth looks at why we should brush our teeth and the potential consequences of not brushing our teeth often enough. WOW MOMENT- Dentist Visit	Is It Safe To Play With? This topic allows students to identify what items may be safe or unsafe to play with.	Computer Safety Documentary The Computer Safety Documentary recaps all of the learning points from the topics and allows students to identify more ways to keep themselves safe online.
	Healthy Eating Healthy Eating looks at how we can make healthy food choices and what might happen if we choose to eat too much unhealthy food.	Worry Worry allows students to identify what they can do and who they can talk to if they feel worried about something.	Bullying Bullying looks at how our actions and words can affect others, and it enables students to explore kind and positive behaviours.	Practice Makes Perfect Practice Makes Perfect looks at setting goals and developing skills and strategies to achieve those goals.	Petty Arson Petty Arson looks at the dangers of playing with lighters and the risk of causing fires.	Texting Whilst Driving Texting Whilst Driving looks at the different types of actions that could distract a driver and how children can influence an adult's decision
	Zones of Regulation (Specific for Asmall)	Helping Someone In Need Helping Someone In Need looks at how we can help others at home and in the community and the risks of helping someone we don't know very well.	Image Sharing Image Sharing looks at the types of images we shouldn't share online and how quickly an image can be shared. INTERNET SAFETY WEEK	Working In Our World Working in Our World looks at why humans need money and the ways in which money can be used and received.	Living in Our World Living in Our World explores how humans can help take care of living things both inside and outside of the home.	 Making a speech (e.g. doing an assembly about Computer Safety)

Year 3	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Zones of Regulation (Specific for Asmall)	Touch Touch looks at appropriate and inappropriate touch and enables students to explore who they can talk to if they feel uncomfortable in a relationship.	Stealing Stealing looks at the differences between stealing and borrowing and enables students to identify emotions associated with losing a special possession.	Grief Grief looks at the different feelings we can experience when we lose someone or something we loved dearly and enables students to identify ways they can cope when grieving.	Looking After Our World Looking After Our World looks at the ways in which we can help look after and protect our planet.	Enya and DeeDee Visit The Fire Station Enya and DeeDee Visit the Fire Station allows students to explore further the various ways they can prevent fires and what they should do if a fire starts in their home.
	Staying Safe Staying Safe looks at the dangers of venturing off with people we don't know very well.	Summative Assessment	Summative Assessment	Summative Assessment	Summative assessment	Summative assessment
	Leaning Out of Windows Leaning Out of Windows looks at the dangers of heights and various dangers we may find in our homes and communities.	Medicine Medicine looks at why we take medicine and the dangers of taking medicine without a trusted adult's permission.	Making Friends Online Making Friends Online looks at the steps we should take to keep ourselves safe and the dangers of meeting someone from the internet in real life. INTERNET SAFETY WEEK	Is It Safe To Eat or Drink? This topic allows students to identify what items may be safe or unsafe to eat or drink.	Is It Safe To Play With? This topic allows students to identify what items may be safe or unsafe to play with.	 Donating (e.g. donating old toys/clothes or food to those in need)
	Summative Assessment	Summative Assessment	Summative assessment	Summative assessment	Summative assessment	
	Pioneers Mother Teresa	Arts (Music, drama & Arts) Ben Sefininer	Artists The Turner Prize	Science Jane Goodall	Sports People Marcus Rashford	
Year 4	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Baseline Assessment	Baseline Assessment	Baseline Assessment	Baseline Assessment	Baseline Assessment	Baseline Assessment
	Cycle Safety Cycle Safety looks at distractions on the road and how our actions can cause others harm.	Healthy Living Healthy Living looks at how certain types of food can affect our performance in a sports event.	Appropriate Touch (Relationships) Appropriate Touch explores the difficult subject of how relationships can be unhealthy or uncomfortable.	Breaking Down Barriers Breaking down Barriers explores removing barriers and supporting those who have physical disabilities. WOW MOMENT: Guest Speaker	Jealousy Looks at how the feeling of jealousy can arise when someone new is introduced to a friendship group.	Coming Home on Time Coming Home on Time looks at rules and guidelines children may have to follow.
	Zones of Regulation (Specific for Asmall)	 Starting a club (e.g. starting a gardening or eco club at school)	Baseline Assessment Online Bullying Online Bullying looks at the actions we can take if we feel like we are being bullied online. INTERNET SAFETY WEEK	 Sharing with others (e.g. talking to friends and family about supporting those with disabilities)	Baseline Assessment First Aid - Year 4 This topic looks at breathing difficulties and how we can support a casualty struggling with asthma, anaphylaxis, and choking	Baseline Assessment Chores at Home Chores at Home explores the responsibilities that children may have now and in the future.

	Pioneers Obamas	Arts (Music, drama & Arts) Bollywood	Artists Barbara Hepworth	Science Stephen Hawking	Sports people Jesse Owens	
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	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 5	Peer Pressure Peer Pressure looks at how we can be influenced and pressured to make unsafe choices. Children's Views Looks at how we can be influenced and pressured to make unsafe choices.	Smoking Smoking explores how someone can be pressured in to smoking. Children's Views Children share their views on staying healthy. Adults' Views Adults share their views on staying healthy.	Puberty Puberty is a short animation video that looks at the different changes boys and girls go through during puberty. There is no alternative ending. Children's Views Children share their views on relationships. Adults' Views Adults share their views on relationships.	Enterprise Enterprise looks at how children can help pay for items they would like. Children's Views Children share their views on the working world Adults' Views Adults share their views on the working world.	Anger Anger looks at the ways in which we can manage our emotions when we are unable to do something we wanted to. Children's Views Children share their views on feelings and emotions. Adults' Views Adults share their views on feelings and emotions.	Inclusion and Acceptance Inclusion and Acceptance explores the topic of a child having same sex parents Children's Views Children share their views on a world without judgement. Adults' Views Adults share their views on a world without judgement.
	Zones of Regulation (Specific for Asmall)	First Aid - Year 5 This topic looks at basic life support techniques, such as the recovery position, CPR, and DRs ABC. WOW MOMENT: Paramedic	Image Sharing Image Sharing looks at how we can be pressured in to sending images and how to manage this. Children's Views Children share their views on computer safety. Adults' Views Adults share their views on computer safety. INTERNET SAFETY WEEK	 Raising money (e.g. organising a Macmillan Cancer Support coffee morning)	Looking Out for Others Looking Out for Others looks at the responsibility we have if we witness someone being bullied. Children's Views Children share their views on being responsible. Adults' Views Adults share their views on being responsible	 Protesting (e.g. protesting for Black Lives Matter)
	Pioneers Rosa Parks; Martin Luther King Jr; Nelson Mandela	Arts (Music, drama & Arts) The Bronte's	Artists Georgia O Keeffe	Science Katherine Johnson	Sports people Women in tennis	

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 6	Water Safety Water Safety explores the topic of trespassing and the dangers of swimming in open or unknown waters.	Alcohol Explores the dangers of alcohol and how people can be affected by alcohol in different ways.	Conception Conception is a short animation video that looks at how a baby is conceived and the various stages of pregnancy	Stealing Stealing explores the topic of taking something from a family member without asking.	Adults' Views Adults share their views on the working world. WOW MOMENT: Guest Speaker	First Aid - Year 6 (Part 1) During the first part of this topic, students will look at how we can support a casualty with a head injury, severe bleeding, and minor burns. First Aid - Year 6 (Part 2) In the second half of this topic, we take a closer look at fractures, heart attacks, and seizures
	Summative Assessment	Summative assessment	Summative assessment	Summative assessment	Summative assessment	Summative assessment
		Worry Worry looks at transition and the feelings a child can have when	Making Friends Online Making Friends Online looks at the dangers of	British Values	 Writing a letter	

	Zones of Regulation (Specific for Asmall)	starting a new school. Looks at transition and the feelings a child can have when starting a new school.	meeting people we have only spoken to online. INTERNET SAFETY WEEK	British Values looks at how we can be inclusive and ensure everyone's beliefs and needs are respected.	(e.g. writing a letter to the local MP regarding the dangers for children online; all children should be First Aid Trained etc.)	 Organising an event (e.g. hosting an event for Families to the importance of First Aid/ Invite Paramedic in to give a talk etc.)
	Pioneers The suffragettes	Summative assessment Arts (Music, drama & Arts) Shakespeare	Summative assessment Artists Frida Kahlo	Summative assessment Science Marie Curie	Sports People Paralympian's	

PSHE Assemblies & Events	Autumn Term	Spring Term	Summer Term
Social Impact Schools Award Assemblies	September – Kick Off Assembly October – Harvest Festival – Donate November – National Tree Week – Write a Letter December – Christmas Fair – Organise an Event & Raise Money	January – Poster – New Year's Resolution Social Action Pledge February – LGBTQ+ History Month – Speech/Presentation March – Gender Equality Month – Share with Friends & Family April – Earth Day – (Climate) Protest	May – National Vegetarian Week – Petition for Veggie School Meals June – Global Volunteer Month – Volunteer Picking Litter July – Plastic Free July – Change Your Behaviour
Celebration Assemblies	School Values School Rules Individual Recognition Class Recognition Attendance	British Values Individual Recognition Class Recognition Attendance	Individual Recognition Class Recognition Attendance
Whole School Events	Hello Yellow Harvest Festival Remembrance Sunday	Safer Internet Day Chinese New Year	Mental Health Awareness (Mind)