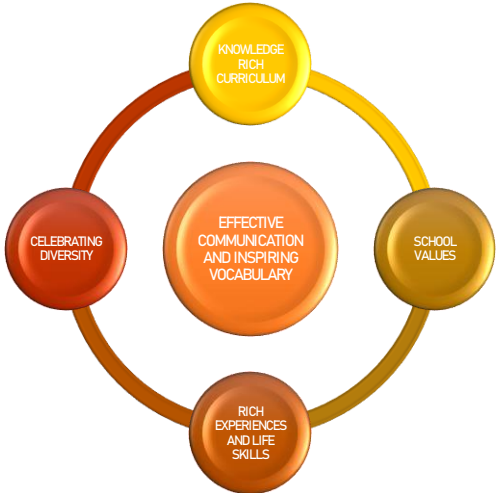


Intent: At Asmall, we intend to ensure that all children, regardless of ability, achieve optimum physical and emotional development and a full understanding of physical and mental well-being.

PE 	Effective Communication and Inspiring Vocabulary We recognise that oracy is a powerful tool for learning and teach our children to become effective speakers and listeners to empower them to better understand themselves, each other and the world around them. Through encouraging discussions and refelctionson performance in every lesson, we can teach the children how to describe, ask questions, express opinions, answer questions, express observations and present ideas and knowledge. Subject specific vocbaulary is taight and repeated regualrly and we encourgae the children to use this subject specific language withing all the PE in school. Children are given opportunities to articulate knowledge, skills and understanding by using explicit subject specific vocabulary in appropriate situations. They should also be familiar with, and use, technical terminology accurately and precisely - build up an extended specialist vocabulary. Much of the vocabulary used is cross curricular.	Knowledge Rich Curriculum Through ‘WOW’ moments, hands on experiences, learning in context and weekly teaching, we encourage our children to understand the positive impact being physical and exercising can have on the wellbeing and understanding of themselves. The PE curriculum lays the foundations that allow our pupils to build a solid understanding of the skills and knowledge needed to be an active participant in PE. Our curriculum is well thought out, progressive and sequenced to enable our children to thrive and be healthy. Our children will be taught the skills needed to play certain games, the rules of the different games, the language needed related to these games and the physics and biology associated with being physical. This is constantly being revisited, allowing the children to transfer this short-term knowledge into long term knowledge. Lots of opportunities for retrieval will ensure this vocabulary becomes the vernacular during PE sessions and, as a result, across the curriculum. The children will need to apply their cross curricular knowledge from PSHE, science and maths in order to succeed.
School Values Our values of Resilience, Positivity, Caring, Kind, Happy, Respectful and Confident underpin our approach to all our curriculum areas. Our Values are referred to throughout assemblies and in lessons. The children will need to evaluate their own knowledge and understanding in order to develop in PE. They will need to repeat and persevere in a positive way when things do not go to plan. They will need to be positive when faced with adversity and have the humility to recognise and celebrate other people’s achievements. The value of Resilience is a key skill in PE and underpins all of the lessons, events and competitions. Working collaboratively in PE is integral and the children will need to care, look out for and respect their peers when doing so. In developing a love of PE an being physical and competitive, the children will thrive, become competitive in a healthy way and be respectful of themselves and others. Being happy and being active go hand in hand.	Celebrating Diversity We recognise that female and disabled individuals, as well as individuals from BAME backgrounds, are under-represented in PE, which has historically been white male-dominated. We strive to raise the profile of diversity in sports around school. We have displays and we teach the children about a range of sportspeople, from the past and modern da. This is taught in different topics too and this cross-curricular relationship allows teaches time to explore the achievements of a range of sportspeople – as well as in whole school assemblies. Our social impact assemblies and whole school events allow us to discuss relevant and important topics including LGBTQ+, Gender Equality. Children are given opportunities to learn about and recognise similarities and differences in biology and the ethics of gender in PE and competitions.	Rich Experiences and Life skills Our broad curriculum allows children opportunities to become independent and responsible members of society. Our pupils experience PE regularly to provide the foundations for understanding themselves. Our Sports Ambassadors in Y5 raise the profile of science and are given the opportunity to use ‘pupil voice’ to influence and shape the PE offer, so that it is meaningful for our children and all stakeholders. Children are given opportunities to take part in extra clubs, sporting events, tournaments, friendlies, yoga/mediation/ mindfulness/ massage, Park Runs, whole-school events organised by larger organisations, competitions, watching professional sports and meeting professional sportspeople. As well as enjoying sports and the camaraderie that comes with it, children will be given the opportunities to succeed and fail safely and build resilience and humility. The events and opportunities given to the children through PE (of which there are many), will allow the children to develop the skills to be a ‘good sportsman’.